5 Retirement preparation roadblocks

1. Not participating in your retirement plan as soon as you can

Personal savings and investments outside of a retirement plan, such as IRAs, are only part of the overall retirement income picture. That is where your retirement plan comes into play. If you wait to begin contributing to a retirement account, you will probably have to contribute more to reach the same financial goal than if you started early.

To illustrate this, let's look at how much Sarah would have lost when she retires if she waits to contribute to her retirement account.

To learn more about preparing for retirement, visit *www.fitzmall401k.com*.

Note: All individuals are fictitious and all numeric examples are hypothetical. These hypothetical investment returns are for educational purposes only and are not indicative of any particular investment or performance. Hypothetical returns assume reinvestment of earnings. Actual returns or principal value will vary. Balances shown are before reduction for taxes.

The high cost of waiting

Sarah
Age 30

Annual contribution
$1,500

Assumptions:
- Earns $50,000/year
- Plans to retire at age 65
- Contributions assume a constant rate of return of 8 percent

Begins contributing at	Total at age 65 if she begins contributing at:	COST OF WAITING
Age 30	$279,153	= $0
Age 40	$129,526	= $149,627
Age 50	$49,125	= $230,028
Age 60	$11,884	= $267,269

R-27523 04/17/19

2. Relying too heavily on one investment type

It is important to diversify your retirement portfolio with a mix of different types of investments. Doing this means poor performance from one investment has less impact on the overall portfolio. Remember, though, the use of diversification and asset allocation as part of an overall investment strategy does not assure a profit or protect against loss.

3. Letting emotions guide your investments

It is our nature to want to avoid losses when investing. This can cause many people to abandon their well-thought out plans for retirement preparation when it appears their accounts are suffering. Stick to your plan when the markets get rough. While there are no guarantees, market ups and downs are cyclical and long-term investing is an established strategy.

4. Depending on Social Security for the bulk of your retirement income

The sustainability of the Social Security program has been in question over the past several years, and Social Security was never intended to be a person's entire source of retirement income. Creating a retirement preparation strategy that factors in other sources of retirement income can help you be better prepared.

5. Failing to do your annual check up

Like other important things in life, your retirement account requires periodic monitoring and review (perhaps with a financial professional). As your life and priorities change, the amount you can contribute to your retirement account or your investment allocation strategy may also change.

Note: OneAmerica Retirement Services LLC provides administrative and recordkeeping services and is not a broker/dealer or an investment advisor. Provided content is for overview and informational purposes only and is not intended and should not be relied upon as tax, legal, fiduciary, or investment advice. **Mutual Funds are sold by prospectus. To obtain a copy of the prospectus, the participant should contact the plan's investment advisor or the mutual fund company directly. Before investing, carefully consider the fund's investment objectives, risks, charges, and expenses. The underlying fund prospectuses contain this and other important information. Read the prospectuses carefully before investing.** Investing always involves risk, including the potential loss of principal.